Everything in Life is Temporary"

FIVE KEY TAKEAWAYS FROM THIS QUOTE

BROUGHT TO YOU BY THE Brightside Bear

FOR THE COMPLETE ARTICLE AND DETAILS ON EACH OF THESE TAKEAWAYS VISIT WWW.BRIGHTSIDEBEAR.COM

EMBRACE THE GOOD TIMES TO THE FULLEST.

IT IS OKAY
TO NOT BE
OKAY.

BE GRATEFUL FOR EVERYTHING



DO NOT BE ATTACHED AND GO WITH THE FLOW.

ABOVE ALL,
BE FULLY
PRESENT.

MADE WITH LOVE JUST FOR YOU! STAY CONNECTED TO @BRIGHTSIDE\_BEAR AND SIGN UP FOR EMAILS TO BRING MORE POSITIVITY INTO YOUR LIFE!